



Purple Network Eaters

A Practical Demonstration of Hacking and Defending Your Organization



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Learning Objectives

By the end of this session, you will be able to:

- Describe the attacker's methodology
- Identify the ways to detect malicious activity
- Describe defensive tools and mitigating controls that assist network administrators secure their environment



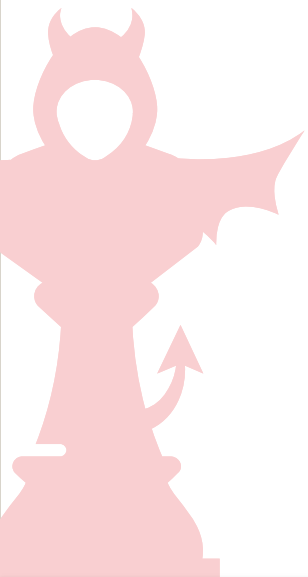
Outline

- Introductions
 - Presenters
 - Presentation format
 - Cyber kill chain example
- Anatomy of an Attack
 - External Recon
 - Weaponization
 - Delivery
 - Exploitation
 - Command and Control
 - Internal Network Recon
 - Capture the flag
 - Exfiltration



\$ whoami

- Forrest Kasler, CPA
 - CPA Turned Hacker
 - Repeat Black Hat USA Presenter
 - Oversee and participate in:
 - Penetration Testing
 - Social Engineering
 - Vulnerability Assessments
 - IT Security audits
 - Code Reviews



\$ whoami

- David Anderson
 - Farmer turned hacker
 - Offensive Security Certified Professional (OSCP)
 - Oversee cybersecurity team



The Cyber Kill Chain

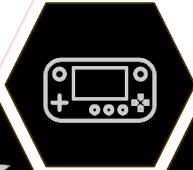
External Recon



Delivery



Command
Control



Capture
the Flag



Weaponization



Exploitation



Internal
Network Recon



Exfiltration



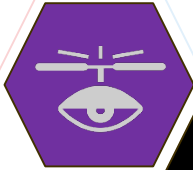


External Recon



CyberKill Chain

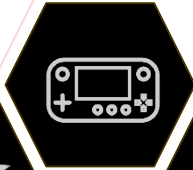
External Recon



Delivery



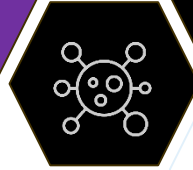
Command
Control



Capture
the Flag



Weaponization



Exploitation



Internal
Network Recon



Exfiltration



External Recon

- Systems
 - Shodan
 - DNS brute forcing
 - Port and Service enumeration
 - TLS Certificate information
 - Whois Database Mining

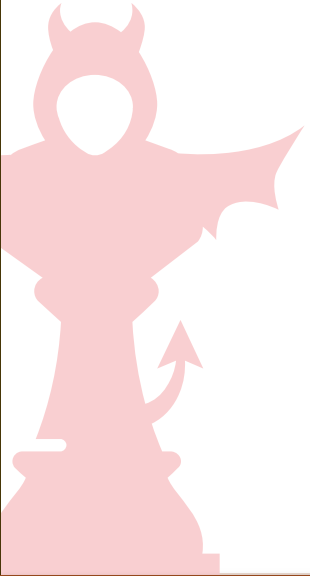


External Recon

- **Employees**
 - Website
 - Social media
 - Search engines
 - Hosted documents



[DEMO]



[Home](#)[My Network](#)[Jobs](#)[Messaging](#)[Notifications](#)[Me](#)[Work](#)[Learning](#)

Contoso

Information Technology and Services
Redmond, Washington · 287 followers

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Overview

Contoso Ltd. (also known as Contoso and Contoso University) is a fictional company used by Microsoft as an example company and domain.

Website <http://www.contoso.org>

Industry Information Technology and Services

Company size 10,001+ employees

Headquarters Redmond, Washington

Type Public Company



Showing 42 results



Hilda Cavallari • 3rd

Recruiter @ Contoso
Washington D.C. Metro Area

Message



LinkedIn Member

Contoso administrator at Contoso
Hamburg Area, Germany



LinkedIn Member

Customer at Contoso
Wichita, Kansas Area



LinkedIn Member

Technician at Contoso
Columbus, Ohio Area



LinkedIn Member

Testing Specialist at Contoso
Kansas City, Missouri Area



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Customer Service Manager at Contoso
Greater Seattle Area



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Juriste junior chez Contoso
France



John Peter • 3rd

Senior Business Consultant at Contoso International
United Arab Emirates

Connect



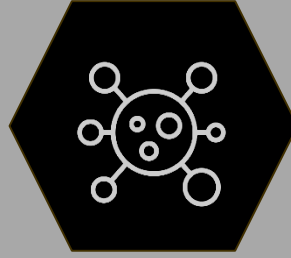
External Recon

- Documentation
 - Network map
 - ◇ Data flow
 - IP range
 - External access
 - Policies and procedures

Basic CIS Controls

1. Inventory and Control of Hardware Assets
2. Inventory and Control of Software Assets





WEAPONIZATION



CyberKill Chain

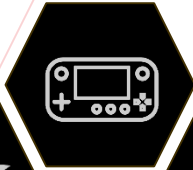
External Recon



Delivery



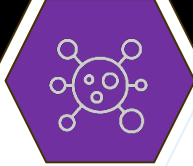
Command
Control



Capture
the Flag



Weaponization



Exploitation



Internal
Network Recon

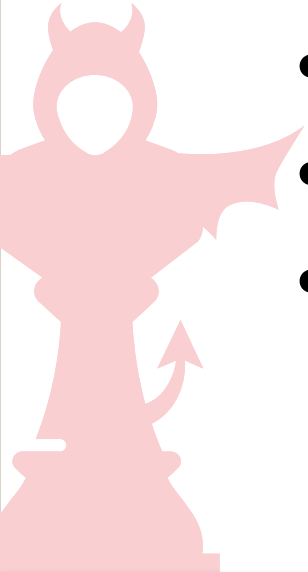


Exfiltration



Weaponization

- Exploit announcements
- Exploit research
- Creation of an exploit or attack vector
- Purchase an exploit
- **Abusing default configurations (Macros, HTAs, OVA, RAR)**



Weaponization

- Awareness of current threats
 - Vendor advisories
 - Security feeds (e.g. SANS, US-CERT, etc.)
- Mitigate Gaps
 - Tool tuning
- Ongoing training on new technology



AA20-245A: Technical Approaches to Uncovering and Remediating Malicious Activity

Inbox x

US-CERT <US-CERT@ncas.us-cert.gov>

Tue, Sep 1, 11:11 AM (2 days ago)



to me ▾



You are subscribed to National Cyber Awareness System Alerts for Cybersecurity and Infrastructure Security Agency. This information has recently been updated, and is now available.

[AA20-245A: Technical Approaches to Uncovering and Remediating Malicious Activity](#)

09/01/2020 08:30 AM EDT

Original release date: September 1, 2020

Summary

This joint advisory is the result of a collaborative research effort by the cybersecurity authorities of five nations: Australia,[1] Canada,[2] New Zealand,[3][4] the United Kingdom,[5] and the United States.[6] It highlights technical approaches to uncovering malicious activity and includes mitigation steps according to best practices. The purpose of this report is to enhance incident response among partners and network administrators along with serving as a playbook for incident investigation.

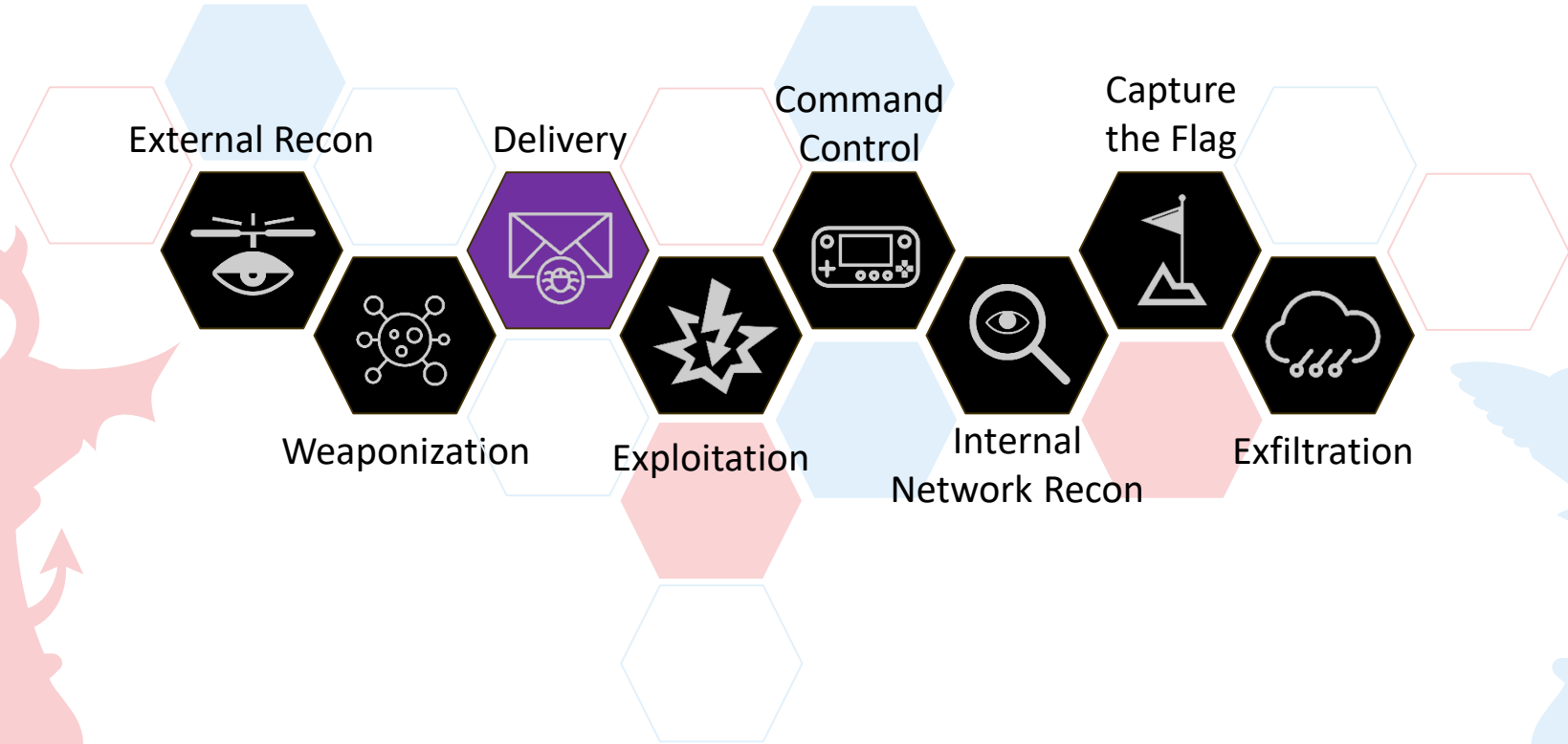




Delivery

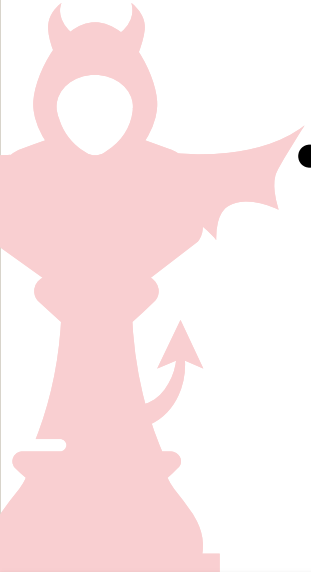


CyberKill Chain

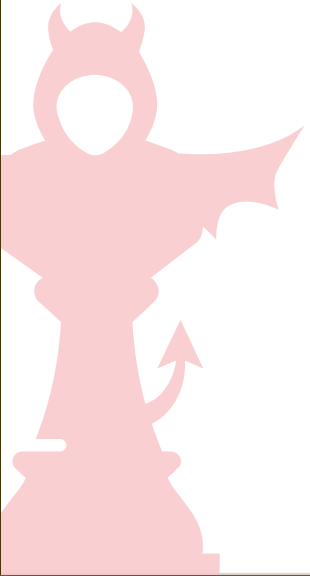


Delivery

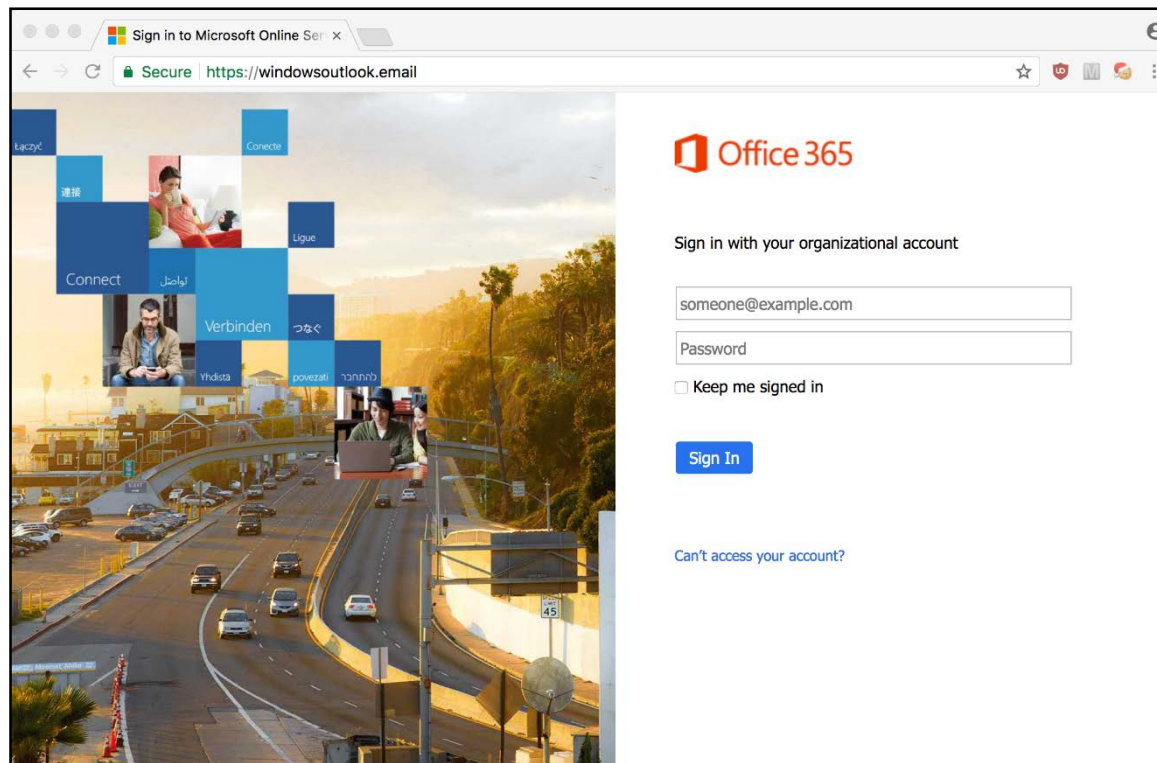
- Direct exploit of publicly available service
- Malicious hardware
 - "Free" USB drive from vendors
- Social Engineering
 - Call spoofing
 - In-Person Visits (Printer Guy)
 - **Phishing**



[DEMO]



Phishing Website



Poor Email Filtering

Connected to mail.cogentco.com (38.9.X.X).

MAIL FROM: <hacker@contoso.com>

250 OK

RCPT TO: <david.anderson@claconnect.com>

250 Accepted

DATA

354 Enter message, ending with "." on a line by itself

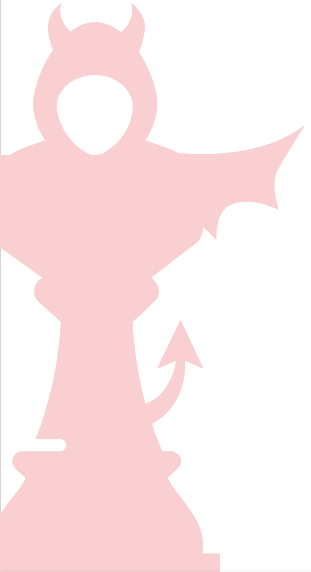
FROM: <ElonMusk@tesla.com>

TO: <david.anderson@claconnect.com>

Subject: Free Tesla Car

SMTP Envelope

SMTP Message



Delivery

- Mail Security Controls
- Security Assessments of email system
 - Cloud - offsite
 - OWA - onsite
- Spam Filters
 - Flag external emails (e.g. banner)
 - Custom filter to block your domain in SMTP Message
- Awareness Training

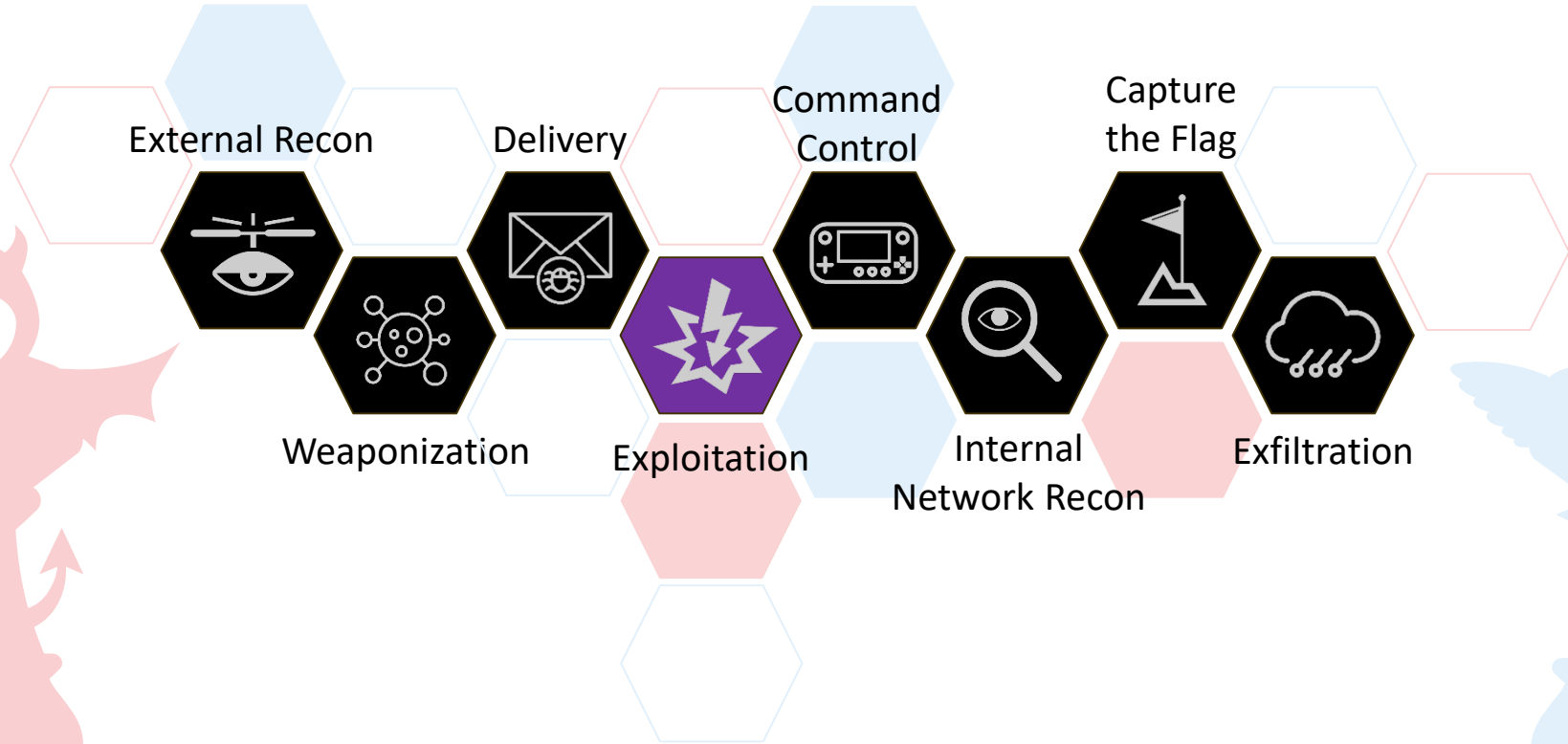




Exploitation

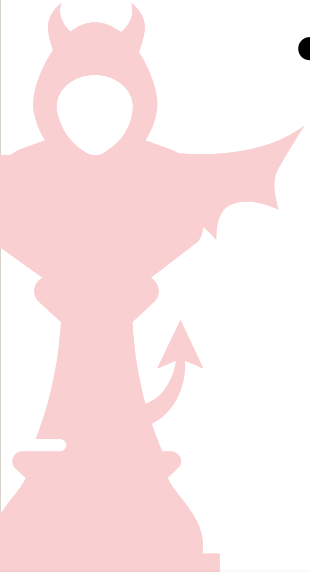


CyberKill Chain



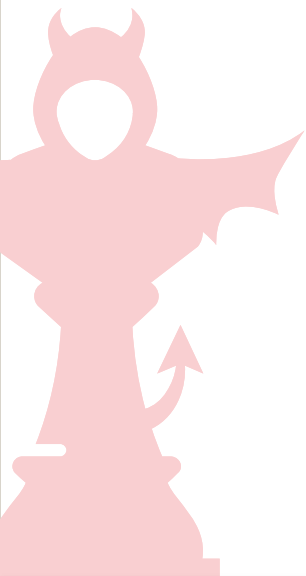
Exploitation

- Missing patches
 - MS17-010 (WannaCry / ETERNALBLUE)
- System Configuration
 - Malicious Office documents (Macros, OLE, etc.)
 - **HTML Applications (.HTA)**
 - PowerShell is often utilized to run/deliver the code



Living Off the Land Binaries (LOLBINS)

<https://lolbas-project.github.io/>



LOLBins - Living Off The Land Binaries

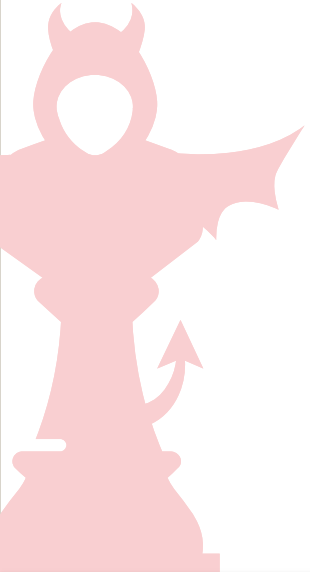
Please contribute and do point out errors or resources I have forgotten. If you are missing from the acknowledgement, please let me know (I did not forget anyone on purpose).



OS BINARIES

Atbroker.exe
Bash.exe
Bitsadmin.exe
Certutil.exe
Cmdkey.exe
Cmstp.exe
Control.exe
Csc.exe
Cscript.exe
Dfsvc.exe
Diskshadow.exe
Dnscmd.exe
Esentutil.exe
Extexport.exe
Extrac32.exe
Expand.exe
Explorer.exe
Findstr.exe
Forfiles.exe
Gpscript.exe
Hh.exe
Ieeexec.exe

[DEMO]



Exploitation

- Application whitelisting
 - AppLocker
 - Windows Device Guard
- Protect Office Applications
 - Block Macros
 - Windows Defender Exploit Guard
- Log Management



Exploitation

Security Baseline

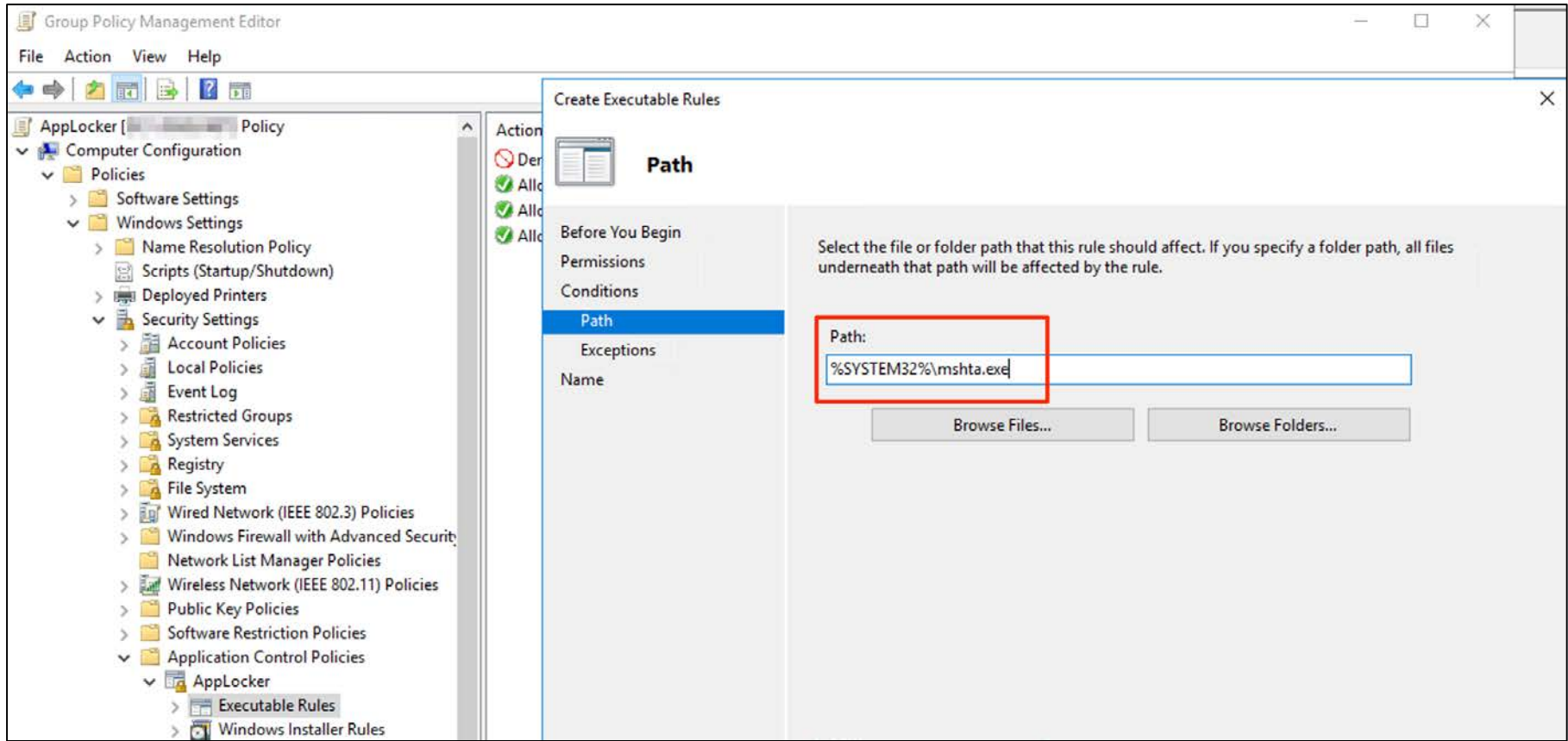
- “Golden Image”
- Desired State Configuration
- GPO
 - ◇ User
 - ◇ machine
- Benchmarks
 - ◇ CIS
 - ◇ NIST
 - ◇ STIGS
 - ◇ USGCB

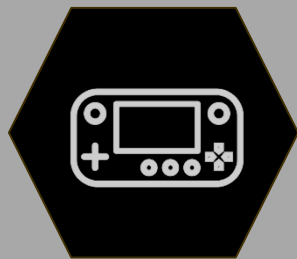


Exploitation

- Tools
 - Group Policy / Desired State Configuration
 - SysInternals suite
 - LAPS
 - Sysmon
- Patch management
 - Evaluation
 - Testing
 - ASAP







Command and Control



CyberKill Chain

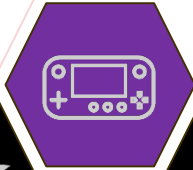
External Recon



Delivery



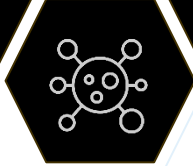
Command
Control



Capture
the Flag



Weaponization



Exploitation



Internal
Network Recon

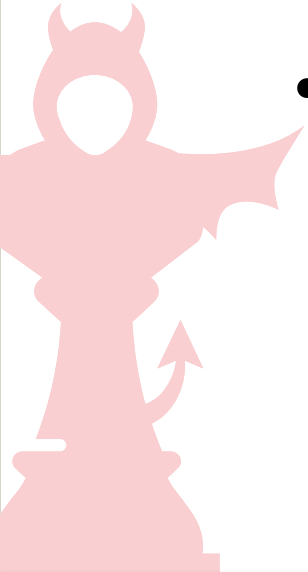


Exfiltration

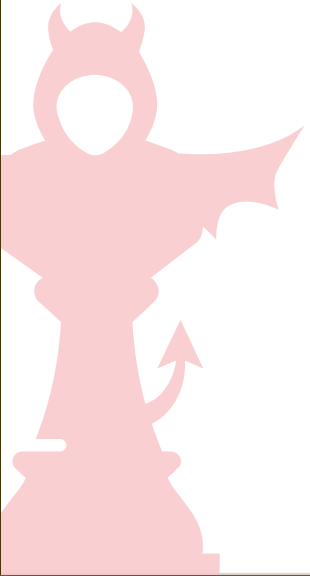


Command and Control

- Remote access tool
 - Stabilize connection
 - Allows attacker to run commands and custom binaries
- Communication
 - Encrypted
 - Mimic “real” network traffic
 - ◇ HTTPS / DNS



[DEMO]



Command and Control

- Strict egress filtering
 - Inspect HTTPS traffic (via web proxy or firewall)
 - Geo-blocking
- Indicators of Compromise
 - DNS logs
 - Review 'autoruns'
 - Registry changes
 - New files/services/schedules tasks
 -APPDATA...

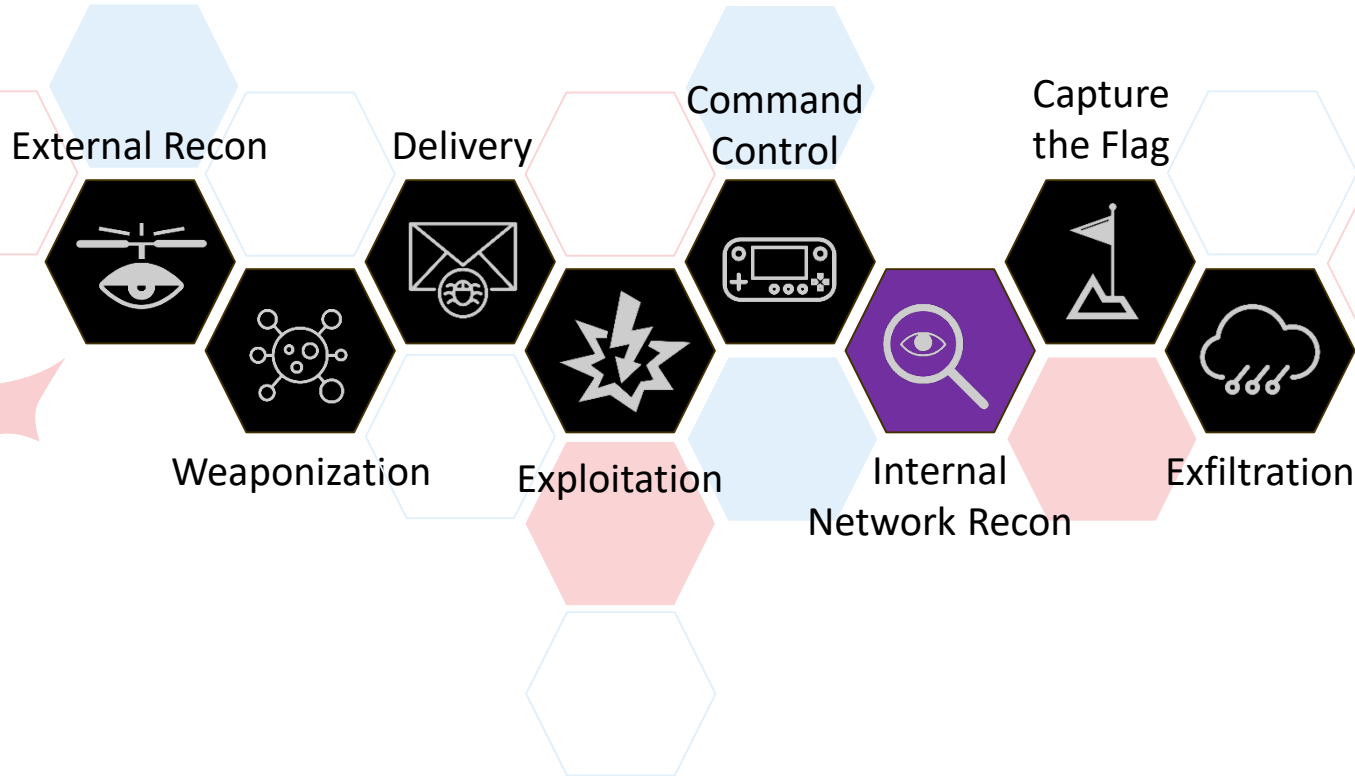




Internal Network Recon

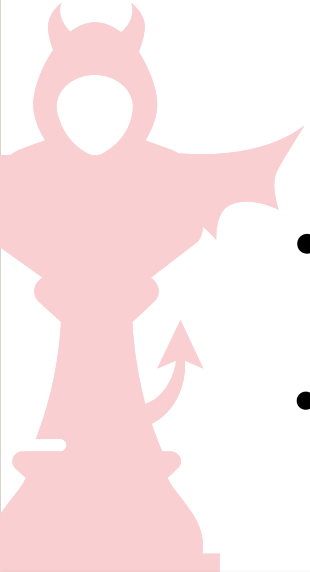


CyberKill Chain

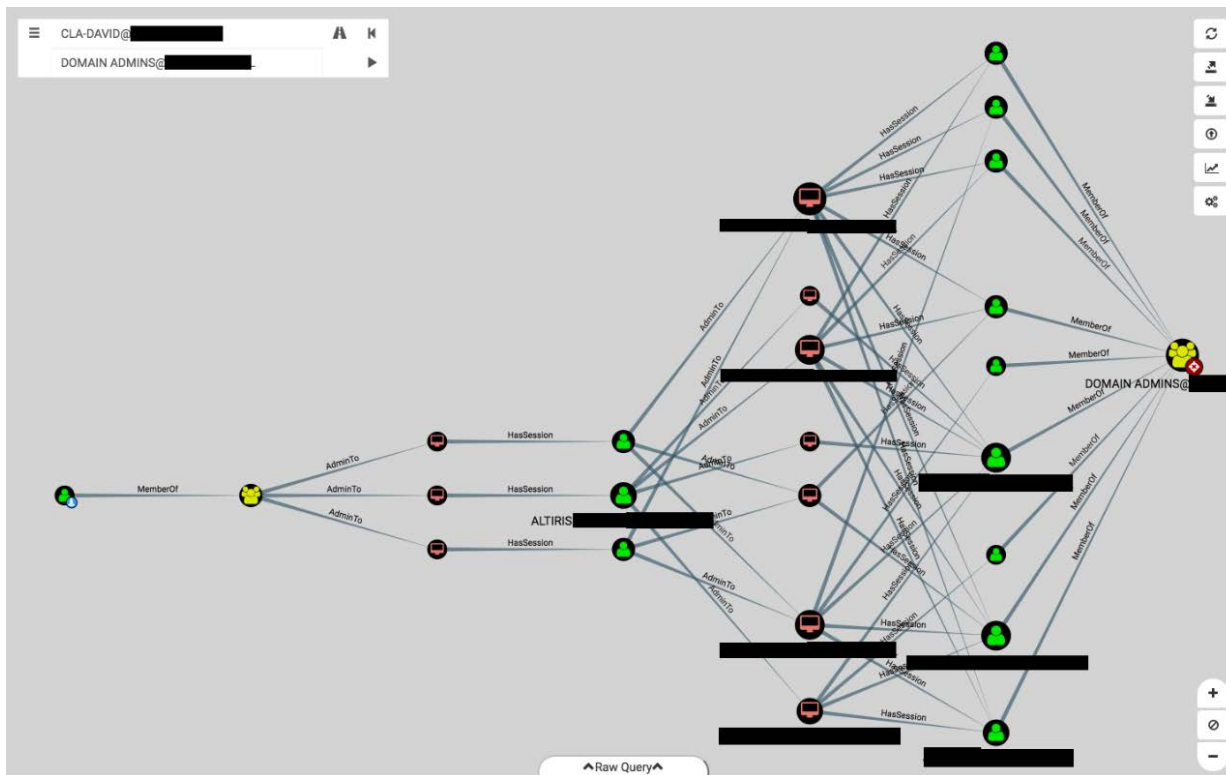


Internal Network Recon

- Who is on the network?
 - netstat
 - Port scans
 - DNS enumeration
 - AD enumeration
- Who are the administrators?
 - BloodHound
- PowerShell, again, is heavily utilized
 - "Live off the land"



BloodHound



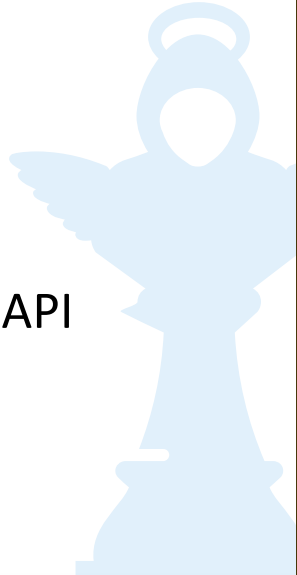
Internal Network Recon

- Secure Network
 - Network Segmentation
- Network Monitoring
 - Netflow
 - Endpoint logs
 - “user” behavior
 - Sensor alerts
 - Log analysis



PowerShell Security

- Upgrade to PowerShell v5
- Remove PowerShell v2 (if old .NET is installed)
- Enable Script Block Logging
- Enable Script Transcription
- OPTIONAL: Configure Constrained Language Mode
 - Prevents advanced features, such as .NET execution, Windows API calls, and COM access
 - This may cause issues with managing systems with PowerShell





Capture the Flag



CyberKill Chain

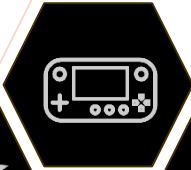
External Recon



Delivery



Command
Control



Capture
the Flag



Weaponization



Exploitation



Internal
Network Recon



Exfiltration



Capture the Flag

- Privileged Accounts
 - Based on OSINT
 - IT / Finance / Execs
- Asset Identification
 - Data of interest
- Asset Acquisition
 - Gaining access to data



Capture the Flag

- Network Map
 - “Treasure map”
- Encryption
 - “at rest” encryption
- Logging
 - PowerShell
 - File access
 - User behavior analytics

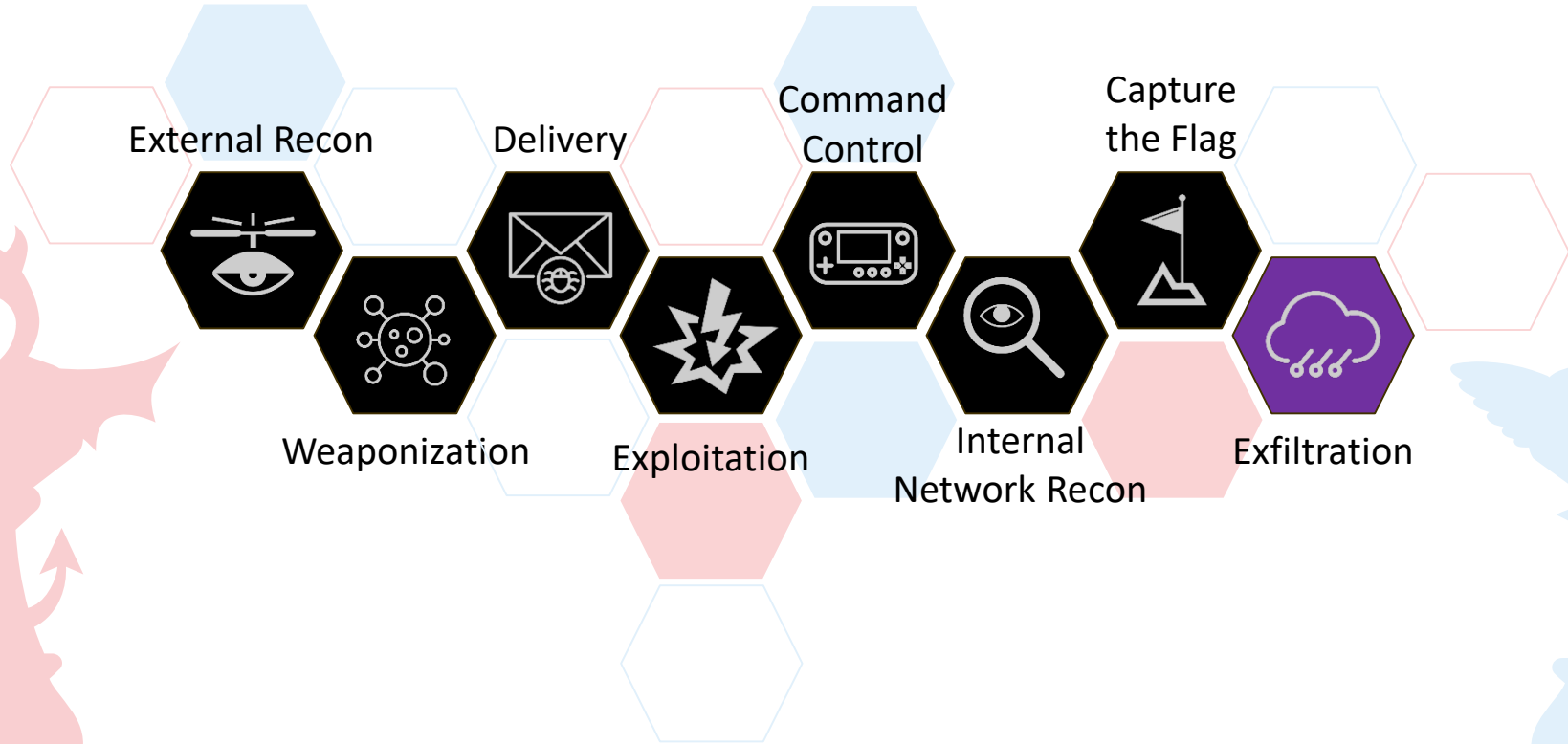




Exfiltration

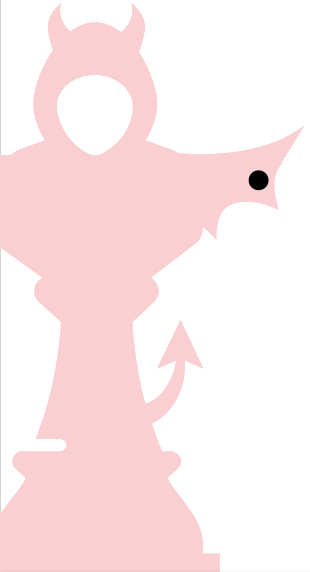


CyberKill Chain



Exfiltration

- Collection point
- Package it up
 - Compress
 - Encrypt
- Send it out
 - What is allowed to egress your network?
 - FTP, SSH, HTTP(S), ICMP, etc...

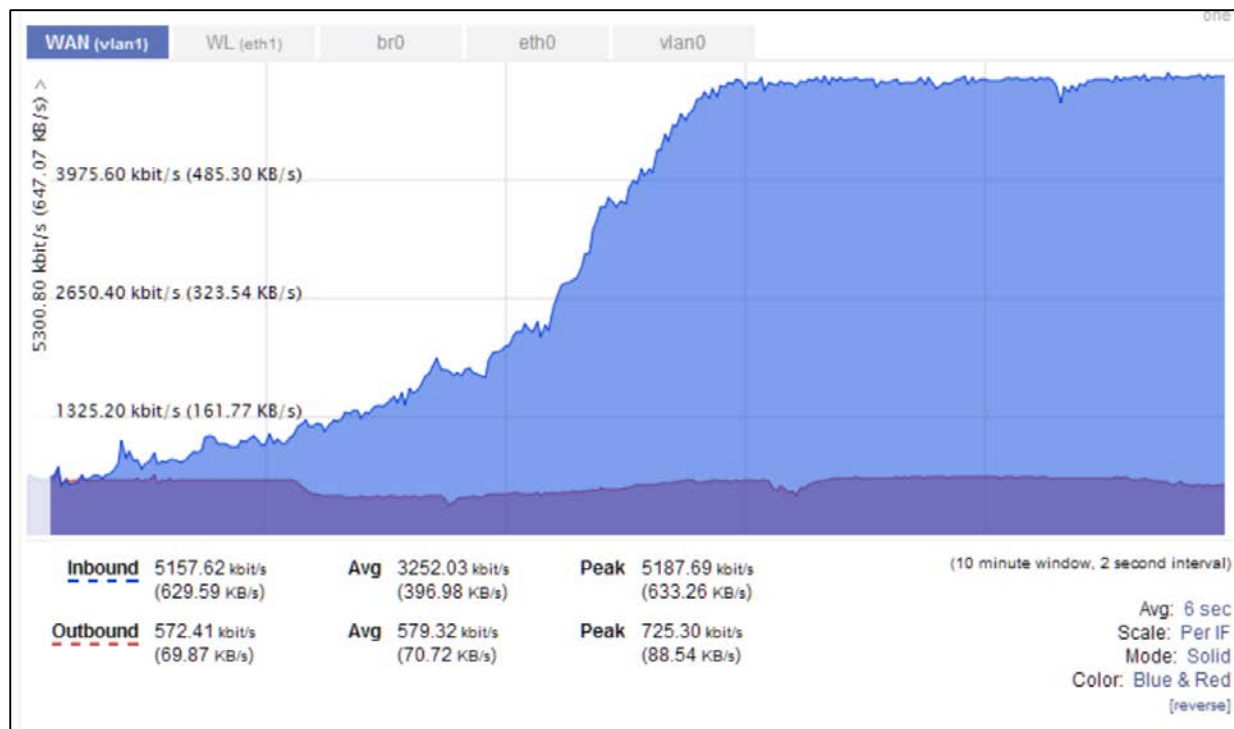


Exfiltration

- Network Monitoring
 - Bandwidth
 - SSL/TLS inspection
 - Understand what is normal
- Firewall Rules
 - Strict egress firewall rules
 - Geo-blocking



Bandwidth logs



Summary



Summary

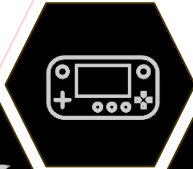
External Recon



Delivery



Command
Control



Capture
the Flag



Weaponization



Exploitation



Internal
Network Recon



Exfiltration



Thank you!

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